

MBC Fall Regatta
Saturday, May 11th 2024
Monmouth Boat Club / Red Bank, NJ
SAILING INSTRUCTIONS

1. RULES

- 1.1. The races shall be governed by the current Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association, class rules, and the Notice of Race except as changed by these Sailing Instructions.
- 1.2. The rules of the Laser/ILCA Class will apply.
- 1.3. The organizing authority is the Monmouth Boat Club (MBC). The event will be held at Monmouth Boat Club (MBC) at 31 Union St., Red Bank, NJ 07701.
- 1.4. Competitors using equivalent sized practice sails shall not be cause for protest.
- 1.5. By participating in this regatta, a competitor grants to the organization authority and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any photographs, motion pictures, and live, taped or filmed television and other reproductions of him or her during the period of the competition without compensation.

2. Eligibility & Entry

- 2.1. The regatta is open to all boats of the Laser/ILCA Class.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any changes to the Sailing Instructions will be posted immediately following the Skippers' Meeting.

4. SIGNALS MADE ASHORE

- 4.1. Shore signals will be displayed from the flagpole in the MBC parking lot or from a Committee boat at dock.
- 4.2. Code Flag "AP," Answering Pennant, with two horns, means "The Race is Postponed." The time of the next Warning Signal will be posted before the lowering of the "AP" with one (1) horn.
- 4.3. Code Flag "B," with one (1) horn, means the time for filing protests has begun. Lowering the flag, with one (1) horn indicates the time for filing protests has expired.

5. SCHEDULE OF RACES

Saturday, May 11th

0900: Registration

1000: Skippers' Meeting

1030: Harbor gun, followed by Race 1 and subsequent races

1600 (approx.) Afternoon barbecue and Awards

No Warning Signal after 1500

6. RACING AREAS

The Racing Area will be in the Navesink River

7. THE COURSES

- 7.1. A Committee Boat shall signal by letter a course as diagrammed in these instructions, or as otherwise indicated by the Race Committee prior to the warning signal.
- 7.2. If all fleets start together then the start line will be OPEN. If multiple fleets race with separate starts then the RC may make the start line CLOSED and notify such to sailors, i.e., sailors can NOT sail through the start line after having started. Exception is if the start and finish lines are the same then a boat can cross when finishing. Boats sailing through the CLOSED start line and not unwinding will be scored DNF for the race.
- 7.3. The use of an offset mark is optional.
- 7.4. The number of times (laps) around will be indicated with a 1, 2, or 3.
- 7.5. If the course includes a gate, it will remain open with no penalty for passing through during the race.
- 7.6. All marks will be left to port.
- 7.7. See Course Diagrams Addendum.

8. THE START

- 8.1. The starting sequence will be three (3) minute dinghy starts.
- 8.2. The Starting Line shall be between a staff displaying a yellow or orange flag on the Race Committee boat and a nearby mark at the port end.
- 8.3. A boat shall not start later than three (3) minutes after her start signal. They will be given a DNS.
- 8.4. Individual Recalls will be signaled by displaying Code Flag "X" with one (1) horn. The RC may or may not hail competitors' sail numbers who are OCS. Failure on the Race Committee to notify competitors will not be grounds for redress.
- 8.5. A General Recall will be signaled by displaying the "First Substitute" flag with two (2) horns. Race sequence will be restarted shortly after the lowering of the "First Substitute" with one (1) horn. After the second General Recall, the "I" Flag (rule 30.1), "U" Flag (rule 30.3), or Black Flag (rule 30.4) Starting Penalties may be used for subsequent starts for the day.

9. CHANGE OF THE NEXT LEG OF THE COURSE

- 9.1. The Race Committee may shorten or abandon a race in accordance with RRS Rule 32.
- 9.2. The Race Committee may change the direction or length of any leg in accordance with RRS Rule 33.
- 9.3. To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark(s) as soon as practicable.

10. THE FINISH

- 10.1. The Finish Line will be between a staff displaying a yellow or orange flag on the Race Committee boat at the starboard end and a nearby mark on the port side.

11. PENALTY SYSTEM

- 11.1. A boat may take a Two-Turns Penalty when she may have broken one or more rules in an incident while *racing*. She may take a One-Turn Penalty when she may have broken rule 31.

12. TIME LIMITS AND TARGET TIMES

- 12.1. The leading boat of each class must complete the course in one (1) hour. Boats failing to finish within fifteen (15) minutes after the leader will be scored Time Limit Expired (TLE), which is equal to the number of boats that finished within the fifteen (15) minute window, plus one (1).

13. PROTESTS

- 13.1. Protest forms are available at the race office located at the MBC Clubhouse. The protest time limit is 60 minutes after the last boat has finished the final race of the day or the race committee signals no more racing today, whichever is later.

14. SCORING

- 14.1. The series will be scored in accordance with Appendix A of the RRS using the Low Point System.
- 14.2. Five (5) races planned with no discards. The number of races will be determined by the Race Committee.
- 14.3. One (1) race shall constitute a regatta.

15. SAFETY REGULATIONS

- 15.1. All boats shall carry all Safety Gear as required by class rules.
- 15.2. A boat that withdraws from a race or does not intend to start a scheduled race shall inform the Race Committee as soon as possible.
- 15.3. If, in the judgment of the Race Committee, severe weather conditions make it advisable to discontinue a race in process, the Race Committee may abandon such race. The Race Committee Boat and/or Patrol Boats will display Code Flag "N" over "H" accompanied by three (3) horns. All boats should then head to MBC or nearest safe haven. Further signals, if needed, shall be made ashore.

16. PRIZES

- 16.1. Awards will be given on shore for each fleet following the last race.

17. DISCLAIMER OF LIABILITY

- 17.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Addendum: Course Diagrams

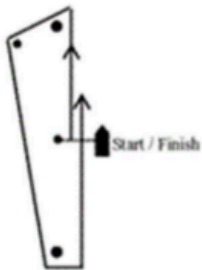
W: Windward - Leeward



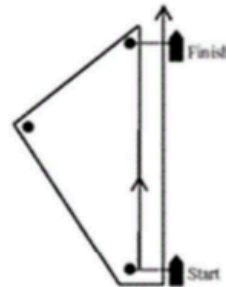
WD: Windward - Leeward,
Downwind finish



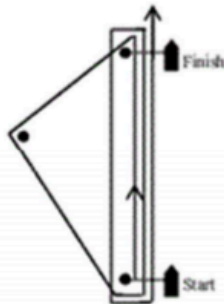
E: Windward - Leeward,
Finish above Leeward mark



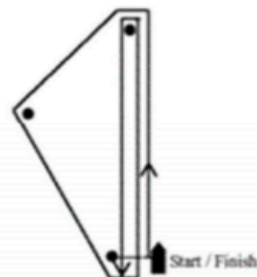
T: Triangle



O: Olympic



OD: Olympic - "Gold Cup"
Downwind finish



Examples of course signals:

- 1) W - Windward, Leeward, Windward & Finish
- 2) W2 - Windward, Leeward, Windward, Leeward, Windward & Finish
- 3) WD - Windward, Leeward & Finish
- 4) WD2 - Windward, Leeward, Windward, Leeward & Finish
- 5) E - Windward, Leeward, Windward & Finish
- 6) E2 - Windward, Leeward, Windward, Leeward, Windward & Finish